

DÉJÀ VU MED SPA

Venus Body Contouring Pre and Post Care

Pre- treatment

- Drink plenty of water before your treatment.
- Reschedule your appointment if you have any active infections.
- Do not apply any lotion or cream to your body before your Venus session.
- Wear loose fitting clothes that can be pulled up.
- Bring a swimsuit for pictures at the time of your first treatment.

Post- treatment

- Drink plenty of water throughout the day after your treatment.
- You may feel sore after your treatment. You may take Tylenol as needed.
- You will feel warm and your skin may be red. This will resolve quickly.
- You may have bruising that will resolve quickly and faster with Bromelain and Arnica that is available for purchase in the spa boutique.

What to expect

- If any side effects occur, please discuss with the staff and discontinue use if no improvement of symptoms.
- You may feel slight discomfort during your treatment.
- Several treatments will be necessary to achieve optimal results.
- Treatments are provided at regular intervals, typically up to twice per week.
- The clinical result, as well as the optimal number of treatments, varies from one individual to another.
- Venus is not a replacement for exercise. It will improve your results.
- Venus will improve the appearance of cellulite but it may not completely get rid of it. This treatment is not considered permanent.
- You should notice improvement in skin texture, muscle tone and appearance of cellulite.