

VASCULAR LESIONS WITH THERMAVEIN

Pre- treatment

- Avoid sun exposure at least 2 weeks prior to treatment.
- Reschedule your appointment if you have any active infections.
- You should shave the day of your treatment if the treatment area is in a shaved area.
- On your appointment day, do not apply any lotion or cream to treatment area (except sunscreen to face).
- Retinol products should be avoided for one week before your treatment.

Post- treatment

- Do not apply anything to the treated area the day of your treatment.
- Wear sunscreen to treated area throughout the course of your treatment.
- Avoid sun exposure for at one week.
- You may take Tylenol as needed for discomfort or apply ice.
- Treated vessels may turn darker (brown to black) within 24-48 hours
 - Do not pick treated areas
 - Treated area may exfoliate off the face in approximately 1 week
 - o Treated area may exfoliate off the body in approximately 2-3 weeks
- Prescription skin care is recommended for optimal results.

What to expect

- A slight stinging sensation can be felt, variable in intensity depending on the area being treated
- Temporary skin redness may appear. This should disappear within hours.
- Occasionally though rarely, blisters may appear. Although these should crust and disappear within 2 weeks, they could lead to permanent discoloration or scarring.
- Sunscreen (factor 60 and higher) should be applied at all times and direct sunlight contact should be avoided.
- Improvement will be gradual and may take up to 6 weeks.
- Several treatments may be necessary to achieve optimal results.
- Treatments are provided at regular intervals, typically every six weeks.
- The clinical result, as well as the optimal number of treatments, varies from one individual to another.