

## Lash Lift Pre and Post Care Instructions

## Pre- treatment

- Avoid wearing eye makeup or remove it prior to appointment.
- Remove your contact lenses before your appointment.
- Inform your aesthetician if you have had irritation from previous eyelash procedures or skin products.
- There are many contraindications for lash lift. If you have any of the following, please reschedule your appointment. Dry eye, glaucoma, chemotherapy, difficulty opening or closing the eye fully, watery eyes, sensitive skin/eyes, recent facial surgery, facial skin infections, eye infections, eye cysts, styes, or claustrophobia.

## Post- treatment

- Redness and mild swelling is normal after your treatment. If you develop blisters or skin drainage call the office right away.
- Eye irritation may occur and will resolve in 24 hours or less.
- Avoid putting water on your lashes for the first 24 hours.
- Do not wear mascara for the first 24 hours after your lash lift.
- Do not apply any Latisse or eye creams/serums for 48 hours after your treatment.
- Waterproof mascara will damage your lashes and should be avoided. We are happy to introduce you to Blinc and Jane Iredale Mascara in the boutique. Using better products will prolong your results.

## What to expect

- Results will last 6-8 weeks.
- Some people may develop dark or light spots to area treated.
- Do not pull hairs in between your appointment since this may lead to asymmetry.
- The result varies from one individual to another.