

## TREATMENT OF INFLAMMATORY ACNE

## Pre- treatment

- Avoid sun exposure at least 2 weeks prior to treatment.
- Reschedule your appointment if you have any active infections.
- On your appointment day, do not apply any lotion or cream to treatment area (except sunscreen to face).

## Post- treatment

- Sunscreen will be applied before you leave the office.
- Wear sunscreen to treated area throughout the course of your treatment.
- Avoid sun exposure for at least 4 days.
- You may take Tylenol as needed for discomfort or apply ice.

## What to expect

- You may have redness and mild swelling. This can last from a few hours to a few days.
- Some people may develop dark or light spots to area treated.
- The general condition of the skin should improve and the number of acne lesions should decrease.
- Improvement may become noticeable a few days after the first treatment.
  Some patients do not notice an improvement until after a few treatments have been performed and a small percentage of patients do not respond to the treatment at all.
- Treatments are provided at two week intervals.
- Several treatments will be necessary to achieve optimal results.
- The clinical result, as well as the optimal number of treatments, varies from one individual to another.