

Scarlet Pre and Post Care Instructions

Pre-treatment Precautions

- No NSAIDs, Blood thinners 1 week before
- No chemical peels 1~6 weeks before.
- No LED or non-invasive lasers 2~3 weeks before.
- No Invasive lasers 6~12 weeks before.
- No Retin A, Retinols use 1 month before or Accutane 6 months before.
- No hair perm or hair dye 1 week before.

Post Care

- A Skin Medica Post care kit can be purchased for a discounted rate.
- No exercise for 48 hours after.
- Nothing on skin the day of procedure.
- Make up can be applied the next day.
- Use a gentle cleanser and avoid cleansing brush, retinols, or AHAs.
- Avoid sun and use SPF 25. Do not tan or use a tanning bed for 2 weeks after.