



IPL/ VASCULAR LESIONS

Pre- treatment

- Avoid sun exposure at least 2 weeks prior to treatment.
- Reschedule your appointment if you have any active infections.
- You should shave the day of your treatment.
- On your appointment day, do not apply any lotion or cream to treatment area (except sunscreen to face).
- Retinol products should be avoided for one week before your treatment.

Post- treatment

- Sunscreen may be applied before you leave the office.
- Wear sunscreen to treated area throughout the course of your treatment.
- Avoid sun exposure for at one week.
- You may take Tylenol as needed for discomfort or apply ice.
- Treated pigment will turn darker (brown to black) within 24-48 hours
 - Do not pick treated areas
 - Treated pigment will exfoliate off the face in approximately 1 week
 - Treated pigment will exfoliate off the body in approximately 2-3 weeks
- Prescription skin care is recommended for optimal results.

What to expect

- You may have redness and mild swelling. This can last from a few hours to a few days.
- Some people may develop dark or light spots to area treated.
- Treatments are provided at two week intervals.
- Several treatments will be necessary to achieve optimal results.
- The clinical result, as well as the optimal number of treatments, varies from one individual to another. Some patients do not notice an improvement until after a few treatments have been performed and a small percentage of patients do not respond to the treatment at all.
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