

Laser Hair Reduction

Pre- treatment

- Avoid tweezing or waxing at least 4 weeks prior to treatment.
- Avoid sun exposure at least 2 weeks prior to treatment.
- Reschedule your appointment if you have any active infections.
- You should shave the day of your treatment.
- Leave a small area unshaven for photos on your 1st treatment day or schedule photo time prior to appointment.
- On your appointment day, do not apply any lotion or cream to treatment area (except sunscreen to face).
- Retinol products should be avoided for 2 weeks before your treatment.

Post- treatment

- Sunscreen may be applied before you leave the office.
- Wear sunscreen to treated area throughout the course of your treatment.
- Avoid sun exposure for at least one week after your treatment.
- You may take Tylenol as needed for discomfort or apply ice.

What to expect

- You may have redness and mild swelling around each hair follicle. This can last from a few hours to a few days.
- Some people may develop dark or light spots to area treated.
- Hair will start to fall out within 1-2 weeks of your treatment.
- Remaining hair will appear thinner and less dense.
- Some may develop acne to the areas treated. This will resolve in a few days. It is most common on the face and neck.
- Several treatments will be necessary to achieve optimal results.
- Treatments are provided at regular intervals, typically every six weeks.
- The clinical result, as well as the optimal number of treatments, varies from one individual to another. Some of the hairs may not respond to laser treatment.