

truSculpt flex delivers  
personalized results.



Before



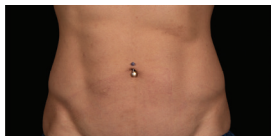
Immediately after 4 txs  
Photos courtesy of S. Ronan, M.D.



Before



Immediately after 4 txs  
Photos courtesy of S. Ronan, M.D.



Before



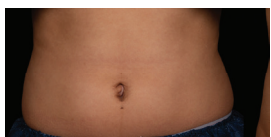
8 weeks after 4 txs  
Photos courtesy of S. Ronan, M.D.



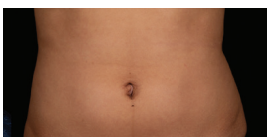
Before



12 weeks after 6 txs  
Photos courtesy of S. Ronan, M.D.



Before



8 weeks after 6 txs  
Photos courtesy of S. Ronan, M.D.

Specifically designed  
for overachievers.

Schedule your  
truSculpt flex  
consultation today.

[truSculpt.com](http://truSculpt.com)

truSculpt® flex

Redefining  
Muscle Sculpting.



CUTERA®  
FACE • BODY AESTHETIC SOLUTIONS

Results and experience may vary. Cover model; Not actual patient.  
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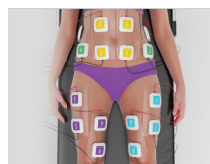
## How truSculpt flex can help you achieve your goals.

truSculpt®flex is a personalized muscle sculpting treatment that adjusts to your fitness level, shape, and goals to strengthen, firm, and tone your muscles. The unique Multi-Directional Stimulation (MDS) technology delivers three treatment options by replicating intensified crunch, squat and twisting actions. It's the edge you need to look and feel your best.

### truSculpt® flex features:

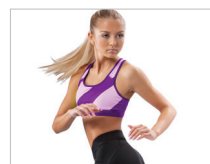
Personalized for fitness level, shape, and goals	
 Ability to treat up to eight areas simultaneously for enhanced body coverage	
Three treatment modes to optimize muscle building and sculpting	
 Comfortable treatment experience with no downtime	
Remarkable results in 45 minutes with as little as 4 treatments	

## Multi-Directional Stimulation.



Your provider will customize placement of up to 16 handpieces targeting multiple small and large muscle groups.

Treatment modes simulate different workouts by replicating intensified twisting, squat, and crunch actions.



Similar to pre-workout stretch to maximize results.

### Mode 1 – Prep

Creates a twisting motion to warm up, stretch the muscles and slowly build a tolerance to muscle contractions.



Similar to exercises that increase core strength and muscle endurance.

### Mode 2 – Tone

Contracts the muscles, holds them to the point of exhaustion, and then relaxes them to increase strength and enhance endurance.



Similar to intense exercises that break down and build muscle fibers for increased mass.

### Mode 3 – Sculpt

Fast, deep, sequential contractions of the muscles to build muscle mass and increase basal metabolic rate (BMR).

## Am I a candidate?

Most patients can benefit from a truSculpt® flex treatment. During your consultation, your provider will discuss with you if you are a candidate, based on your health and medical history.

## How many treatments are needed?

Up to eight areas can be treated in one 45-minute session. Remarkable results can be achieved with as little as four treatments. Additional treatments may be required to achieve the personalized results you desire.

## How does it feel?

As the treatment begins, patients feel a gentle contraction sensation and, as the intensity slowly increases, the muscle contraction intensifies. The results are even and consistent.

## Is there any downtime?

truSculpt flex is non-invasive, requires no recovery time, and patients are able to immediately return to normal activities after the treatment. Post-procedure, patients may notice tingling in the areas treated for up to a few hours and/or slight muscle soreness or tenderness for 24-72 hours.

## When will I see results?

Maximum results are generally visible 8-12 weeks after the last session.

truSculpt flex common treatment areas include: abdomen, flanks, buttocks and thighs.